Updates

PREPARING FOR FINALS

12 DAYS LEFT - DEC 8TH CONTACT ALL OF YOUR TEACHERS AND MAKE SURE YOU'VE SUBMITTED ALL OF YOUR ASSIGNMENTS & PROJECTS!

11 DAYS LEFT - DEC 9TH GO FOR A 30 MINUTE WALK/HIKE/WORKOUT BEFORE YOUR BRAIN!

10 DAYS LEFT - DEC 10TH CHEDULE 2-3 STUDY GROUPS OVER THE NEXT 10 DAYS
TO HELP YOU QUIZ AND LEARN FROM EACH OTHER!

9 DAYS LEFT - DEC 11TH REVIEW EVERY CLASS, EVERYDAY, FOR AT LEAST 10 MINUTES!

8 DAYS LEFT - DEC 12TH MAKE FLASHCARDS ABOUT MAIN POINTS AND DEFINITIONS/VOCABIII ARY FOR FACH CLASSI

7 DAYS LEFT - DEC 13TH
CREATE AN IDEAL STUDY SPOT AND TURN OFF/REMOV
ALL DISTRACTIONS, ESPECIALLY SOCIAL MEDIA NOTIFICATIONS!

6 DAYS LEFT - DEC 14TH REWARD YOURSELF AS YOU STUDY. DON'T WAIT UNTIL AFTER THE TEST IS COMPLETED. TAKE BREAKS/HAVE SNACKS/ETC TO CELEBRATE YOUR EFFORTS.

STUDY TIPS FOR LAST 12 DAYS TIL FINAL EXAMS

<u>5 DAYS LEFT - DEC 15TH</u>
READ THE MATERIAL, WRITE THE CONCEPTS, SAY THE
IMPORTANT IDEAS ALOUD!

4 DAYS LEFT - DEC 16TH BETTER UNDERSTANDING IF YOU CAN TEACH IT TO SOMEONE ELSE

3 DAYS LEFT - DEC 17TH
PLACE FLASHCARDS IN DIFFERENT AREAS OF YOUR
HOME AND RECALL KEY CONCEPTS!

2 DAYS LEFT - DEC 18TH
TEXT/SNAP/DM A CLASSMATE QUIZ QUESTIONS AND TAKE TURNS RESPONDING TO EACH OTHER!

1 DAY LEFT - DEC 19TH READING IS NOT STUDYING. STAY FOCUSED AND TRY TO UNDERSTAND THE MATERIAL AS MUCH AS POSSIBLE! GET PLENTY OF REST TONIGHT!

> IST DAY OF FINALS - DEC 20TH REVIEW YOUR FLASHCARE FAT A FULFILLING BREAKFAST

This Week in Counseling:

This is the last full week of school before the end of the semester! Now is your last chance to ask your teachers about any missing assignments, test corrections, etc. Your semester grades will appear on your official transcript and they don't carry over to next semester. Do the work now. No regrets!

- Mrs. Bakken, Mrs. Parriott, Mrs. Dale & Mr. Hsieh





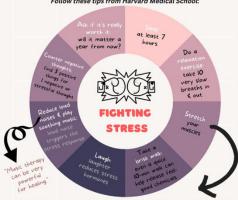


On Nov 30th, counselors went with juniors and seniors to visit GCU! We explored the campus, visited the dorms, viewed their business ventures and ate lunch before bussing back to CDO. Thanks GCU for hosting us!

WELLNESS

Feeling anxious?

Follow these tips from Harvard Medical School



"While sitting or standing, inhale, raise your arms overhead, la together, stretch, release your fingers, & exhale as you lower each side. Repeat 3 times."



On December 2nd, 800 students filled the Tucson Convention Center for StuGo's Floating Lanterns Winter Formal! Thanks to all of the admins and chaperons for creating a safe and awesome environment for our Dorados!

MOTIVATION

"I WISH ALL TEENAGERS COULD FILTER THROUGH SONGS INSTEAD OF TURNING TO DRUGS AND ALCOHOL." - TAYLOR SWIFT

4A STATE CHAMPIONS



On Dec 1st, CDO Football completed their perfect, undefeated season by defeating #1 ranked, Yuma Catholic, 35-27, for the 4A State Football Championship in Tempe, AZ. Congrats to these amazing players, coaches and staff!



LAUGHTER IS THE BEST MEDICINE

Q: WHAT KIND OF MUSIC DO BALLOONS HATE? A: POP!

UPCOMING EVENTS

Riley, the Therapy Dog! 12.13 During both lunches!

TA CORNER



Finley's Starbucks Order: Iced Cinnamon Dolce

CURRENT NEEDS

Throughout the school year, we spend a fair amount of our own money for programming, events, etc. If you're willing, we'd greatly appreciate your donations. You can drop off these items in the Counseling Office.

- Snacks and water for students
- Full size refrigerator for our lounge

CDO COUNSELING Updates



CAMPING

Word Search

Can you find the words hidden in the puzzle?

R	Α	F	E	s	M	0	R	E	s	Т	A
В	н	L	0	M	1	0	K	P	٧	A	C
N	X	A	R	Α	S	A	T	R	E	E	Α
Α	0	S	L	A	T	C	C	E	R	A	M
Т	т	Н	1	K	E	L	1	Т	1	D	P
U	1	L	С	Н	W	E	M	E	T	E	F
R	R	1	S	w	1	M	S	N	0	X	1
E	C	G	Н	N	V	A	т	T	G	P	R
E	U	Н	٧	E	C	Н	A	C	K	L	E
Р	1	T	K	т	L	K	R	0	T	0	M
В	٧	C	0	M	P	A	S	S	E	R	N
E	F	R	0	G	Т	1	R	E	L	E	R

SMORES	SWIM	TENT	COMPASS
NATURE	HIKE	FROG	STARS
TOFF	FLACILICUT	EVDI ODE	CAMPEIDE

	4				2		1	9
			3	5	1		8	6
3	1			9	4	7		
	9	4			5		111	7
2						8	9	
		9	5	2			4	1
4	2		1	6	9			
1	6		8				7	

JUMBLEGE

HAT SCRAMBLED WORD GAME!®

By David L. Hoyt and Jeff Knurek

The letters of these crazy words are all mixed up. To play the game, put them back into the right order so that they make real words you can find in your dictionary. Write the letters of each real word under each crazy word, but only one letter to a square.



Now you're ready to solve today's Jumble For Kids. Study the picture for a hint. Play around with the letters in the circles. You'll find you can put them in order so that they make your funny answer.

Print your answer here:



